

Grade 5

Indiana State Standards met by: PURE- 5th Grade Puberty Program

- 5.1.2 Identify examples of emotional, intellectual, physical, and social health.
- 5.1.5 Describe when it is important to seek health care.
- 5.2.1 Describe how the family influences personal health practices and behaviors.
- 5.2.3 Identify how peers can influence healthy and unhealthy behaviors.
- 5.4.1 Demonstrate effective verbal and nonverbal communication skills to enhance health.
- 5.4.4 Demonstrate how to ask for assistance to enhance personal health.
- 5.5.1 Identify health-related situations that may require a thoughtful decision
- 5.6.2 Identify resources to assist in achieving a personal health goal.
- 5.7.1 Identify responsible personal health behaviors.
- 5.8.2 Encourage others to make positive health choices